



The National Autistic Society (NAS) Early Bird Plus\* programme is a training programme for parents, carers and professionals working with children aged over 4 and under 10, who either already have or are 'on the road to' a diagnosis of autism spectrum disorder

Meet other parents and share experiences on our ten-week programme. Designed for families whose child is under five, we can help you understand autism and support your child.

Topics covered include:

- understanding autism
- understanding and supporting sensory differences
- communication
- supporting and developing interaction
- socialisation and self-awareness
- understanding and interpreting behaviour
- supporting behaviour
- moving forward
- Home Visits - opportunity to individualise and discuss the information covered within programme.

